

Personal notes

Please use the space below to record your thoughts and reactions to the morning sessions. These exercises are intended to help facilitate your own professional development. Feel free to refer to these as you learn about and develop your own action plan.

What did you think about sexual harassment in academia prior to this morning's sessions? In other words, what were your preconceived notions about these issues?

The major points I have learned from this morning are:

1.

2.

3.

4.

Questions to Consider

What can I devise as my own set of priorities for action designed to reduce sexual harassment in my environment?

What can I devise as my own set of priorities to promote broader change capable of reducing sexual harassment?

You need to be healthy and care for yourself to execute your plan. How can you build self-care into your action plan?

Anyone could be struggling with the issues discussed today. If you or someone you know are in distress, please reach out to one of the event's organizers and they will direct you to appropriate resources available for university students and employees.